

FSC 2026: Session: 3: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M FREESTYLE MEN **Heat:3, starttime: 09:49**

Heat: 3/12 Lane : 5 Athlete: DE CRAEMER CAS **Q-time: 00:55:68**

PB (50m pool): 00:55.68 Antwerpen 27/07/2025 **PB (25m pool): 00:53.05 SB: no time**

	5 0 M	1 0 0 M	
PB	00:26.55	00:55.68	
	00:26.55	00:29.13	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN **Heat:12, starttime: 10:01**

Heat: 12/12 Lane : 1 Athlete: DRUANT ANDREAS **Q-time: 00:52:33**

PB (50m pool): 00:52.33 Antwerpen 27/07/2025 **PB (25m pool): 00:51.44 SB: no time**

	5 0 M	1 0 0 M	
PB	00:25.02	00:52.33	
	00:25.02	00:27.31	
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN **Heat:1, starttime: 10:03**

Heat: 1/5 Lane : 5 Athlete: EECKHOUT FLEUR **Q-time: 01:20:15**

PB (50m pool): 01:20.15 Antwerp 09/02/2025 **PB (25m pool): 01:15.53 SB: 01:21.84 Brugge 01/02/2026**

	5 0 M	1 0 0 M	
PB	00:37.44	01:20.15	
	00:37.44	00:42.71	
	

Coach feedback:

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Event number: 16: 50M BUTTERFLY WOMEN		Heat:2, starttime: 10:26
Heat: 2/7 Lane : 4 Athlete: MIGOM LOBKE		Q-time: 00:30:62
PB (50m pool): 00:30.62 Brugge 25/01/2026		PB (25m pool): 00:30.89 SB: 00:30.62 Brugge 25/01/2026
	5 0 M	
PB	00:30.62	
	00:30.62	
	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN		Heat:4, starttime: 10:28
Heat: 4/7 Lane : 8 Athlete: EECKHOUT FLEUR		Q-time: 00:30:14
PB (50m pool): 00:30.14 Brugge 25/01/2026		PB (25m pool): 00:29.54 SB: 00:30.14 Brugge 25/01/2026
	5 0 M	
PB	00:30.14	
	00:30.14	
	

Coach feedback:

Event number: 18: 200M BACKSTROKE WOMEN				Heat:3, starttime: 10:49
Heat: 3/4 Lane : 7 Athlete: MIGOM LOBKE				Q-time: 02:29:58
PB (50m pool): 02:29.58 Brugge 01/02/2026		PB (25m pool): 02:24.39 SB: 02:29.58 Brugge 01/02/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M
PB	00:35.53	01:13.30	01:51.82	02:29.58
	00:35.53	00:37.77	00:38.52	00:37.76

Coach feedback:

Event number: 19: 50M BACKSTROKE MEN		Heat:7, starttime: 11:05
Heat: 7/9 Lane : 7 Athlete: DE CRAEMER CAS		Q-time: 00:27:98
PB (50m pool): 00:27.98 Brugge 14/02/2026		PB (25m pool): 00:27.14 SB: 00:27.98 Brugge 14/02/2026
	5 0 M	
PB	00:27.98	
	00:27.98	
	

Coach feedback:

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Event number: 19: 50M BACKSTROKE MEN		Heat:9, starttime: 11:08
Heat: 9/9 Lane : 8 Athlete: DRUANT ANDREAS		Q-time: 00:28:50
PB (50m pool): 00:28.50 Antwerp 09/02/2025 PB (25m pool): 00:27.62 SB: no time		
	5 0 M	
PB	00:28.50	
	<i>00:28.50</i>	
	

Coach feedback: